JBI Systematic Review Title Registration Form

Title: Chinese culture-based psychological interventions (CCPIs) for mental well-being: a scoping review

Centre: JBI Hong Kong Centre of Evidence-Based Healthcare Excellence

Primary Reviewer

Name: Dexing ZHANG **Email:** daisy.dx.zhang@polyu.edu.hk

Question: What are the key concepts, evidence, research gaps and trends for Chinese culture based psychological intervention programs for mental well-being?

PICO

Population: The review includes individuals regardless of age, gender, or geographic location (mainland China, Hong Kong, Taiwan, overseas Chinese, or non-Chinese). And the study includes both clinical and non-clinical populations, such as the general public, students, or individuals with subthreshold or diagnosed common mental health conditions (e.g., depression, anxiety).

Intervention: Intervention & Phenomena of Interest (comprehensive)

The application of Chinese culture-based psychological intervention in mental well-being.

Comparator: No comparator (qualitative review)

Please enter a clear and precise description
Qualitative reviews and quantitative reviews of association do not state a comparator.
Input comparators for comprehensive reviews.

Outcome: Context (qualitative)

This scoping review will provide a narrative synthesis of the key elements (context, features, duration) and effectiveness of Chinese culture-based interventions relevant to mental wellbeing. The review will also outline the gaps and research trend in the existing literature and offer recommendations for future research on intervention to support people with mental wellbeing concerns.

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