



JBI Systematic Review Title Registration Form

Title:

What is the association between elective egg freezing and decision-making regarding career and intimate relationships, during the post-freezing period.

Centre:

Cardiff University

Primary Reviewer:

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Question:

What is the association between elective egg freezing on decision-making from 2015 regarding career and intimate relationships, during the post-freezing period?

PICO

Population:

Inclusion: Females (people assigned female at birth) who have undergone elective egg freezing (EEF) through vitrification or IVM for age-related fertility loss, aged 18–43, for non-medical reasons.

Exclusion: Females who underwent egg freezing for medical reasons or additional factors.

Medical Reasons (Exclusion):

Oncologic oocyte cryopreservation; Primary ovarian insufficiency (POI); Severe adenomyosis; Genetic conditions (e.g., Turner syndrome, fragile X syndrome, BRCA gene mutation); Bilateral or recurrent benign ovarian tumours; Borderline ovarian tumours; Severe or recurrent endometriosis; Uterine malformations; Conditions or surgery affecting the fallopian tubes; Oocyte cryopreservation for donation; Oocyte cryopreservation for freeze-and-share treatment; Treatments (e.g., BGC) that require pregnancy to be deferred; Surgical removal of the cervix/partial hysterectomy; Ovarian tissue preservation (OTC); Ovarian transposition.

Population Reasons (Exclusion):

Intra-partner treatment; Transgender men (assigned female at birth) pre-reassignment surgery; Freeze-and-share treatment.

Procedural Reasons (Exclusion):

Egg freezing with In-Vitro Maturation (IVM).

Intervention:

Inclusion: Elective egg freezing.

Exclusion: Fertility preservation unrelated to elective egg freezing.

Comparator:

Inclusion: Females who have not undergone elective egg freezing (whether or not they have considered EEF).

Exclusion: Same as exclusion criteria for the population.

Outcome:

Inclusion: English-language studies only and studies published from 2015 onwards.

Exclusion: Studies published before 2015 and/or not in English.

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