JBI Systematic Review

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Title: Coping Strategies Used by Registered Nurses in Acute and Critical Care Settings: A scoping review

Centre: Queen's Collaboration for Health Care Quality: A Joanna Briggs Institute Centre of Excellence

Primary Reviewer

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Question: What coping strategies have been used by registered nurses working in ACC settings to deal with work-related stressors that have been reported worldwide?

PCC

Population: Nurses

This scoping review will consider documents that have as target population registered nurses working in acute and critical care settings (adult and pediatric intensive care unities, operating rooms, emergency rooms, organ donation committees, etc.) in various roles in either direct or indirect care of patients and their families.

Concept: Coping Strategies

The main concept of interest in this review is coping strategies used by registered nurses who work in acute and critical care settings to deal with work-related stressors. The terms used to describe our concept of interest can vary and it includes: coping mechanisms, adaptation techniques, stress management strategies, emotional regulation methods, resilience-building approaches, psychological defense mechanisms, mindfulness, cognitive behaviour therapy, arts-based therapy, self-regulation, self-compassion, progressive muscle relaxation training, arts-based debriefing, grounding, coping skills, etc.

Context: Acute care settings

References will be considered if they are focused on acute care settings. This can include Acute Care, Emergency Room, Organ Donation, Intensive Care Unit, Critical Care, Operating Room, Paediatric Intensive Care Unit, and others.