JBI Systematic Review Title Registration Form

Title: Instruments used to assess distress in people living with type II diabetes: A scoping review

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Primary Reviewer

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Question: What are the available instruments to measure distress in people living with type 2 diabetes?

PICO

Population: Adults aged over 18 years living with type 2 diabetes (excluded are Type 1 diabetes, caregiver studies, gestational diabetes, children and adolescents)

Intervention: Intervention (quantitative - effectiveness)

Studies that measure distress in adults living with type 2 diabetes

Comparator: Comparator (quantitative - effectiveness)

Validated instruments that measure diabetes distress

Outcome: Outcome & Context (comprehensive)

This review will map and identify the available validated measures of distress used in the field of type 2 diabetes. The concept of 'diabetes distress' (DD) has been in the literature since the mid-1990s. Research indicates that nearly half of those with diabetes may experience high levels DD impacting their overall well-being and health outcomes. Using a focused instrument is one strategy providers can use to identify DD in the clinical setting and develop structured plans to address specific needs. Since the health outcomes in people with high DD is often poor, it is essential to understand the level of distress through individual screening using the reliable and valid measures.

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